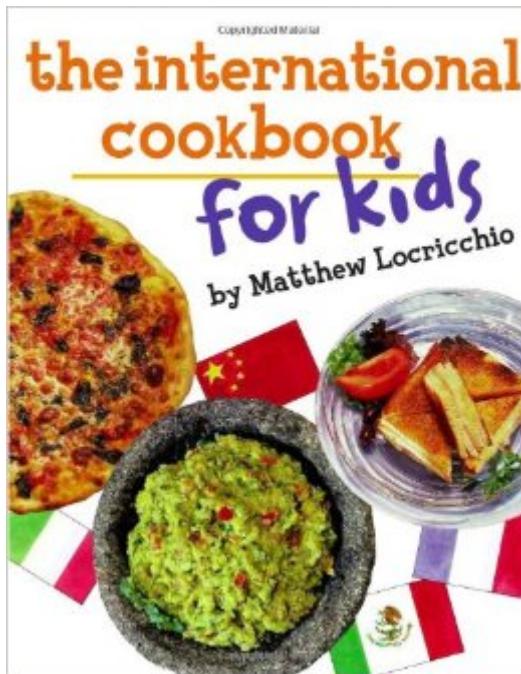


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# The International Cookbook For Kids



## **Synopsis**

On your mark . . . get set . . . COOK! The International Cookbook for Kids is packed with features that make cooking a snap: - 60 classic recipes from Italy, France, China, and Mexico - More than 100 full-color photographs and illustrations - Easy-to-follow recipe format - Kid-tested recipes ranging from appetizers to desserts - Chefâ™s tips discussing ingredients, nutrition, and technique - Safety section discussing basic kitchen precautions - Special taco-party section

## **Book Information**

Lexile Measure: 900 (What's this?)

Paperback: 176 pages

Publisher: Two Lions; Reprint edition (December 4, 2012)

Language: English

ISBN-10: 0761463135

ISBN-13: 978-0761463139

Product Dimensions: 8.5 x 1 x 11 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ  See all reviewsÂ  (72 customer reviews)

Best Sellers Rank: #34,940 in Books (See Top 100 in Books) #19 inÂ  Books > Children's Books > Growing Up & Facts of Life > Health > Diet & Nutrition #41 inÂ  Books > Children's Books > Children's Cookbooks #52 inÂ  Books > Children's Books > Growing Up & Facts of Life > Health > Diseases

Age Range: 9 - 12 years

Grade Level: 4th - 7th

## **Customer Reviews**

I have hesitated to write this review because I do like this cookbook and the recipes presented. I think the kids will love the food. My issue is that the book says it is for KIDS, not for adults to make for kids. While dedicated older teens who are serious about learning how to cook will likely be able to cook from the book, most younger children who want to learn how to cook I think would be very frustrated by it. My first surprise was in the first chapter, the Soup section. While it is very true that a good homeade stock will greatly enhance your soups, having kids make their own stock first before making a soup is a bit much to expect. The author learned how to cook at a young age by being in the restaurant and catering business, however, it seems to me that most parents who work don't have a huge amount of time to spend cooking or supervising their kids cooking. There was not

much on the basics; ie. what the different measurements are, what to measure dry vs. wet ingredients with and why, how to level off. How to trim or peel onions for example. There is a glossary of cooking terms in the back though, and a picture dictionary of cooking equipment, which is helpful. One picture (in the front) shows cutting an onion, the entire round one, with a kitchen knife. For kids, I would rather see the onion chopped in half to give a flat stable surface that is less likely to roll and cause cuts. Many adults are not even very well versed with the proper way to use a knife, so some time showing different knife cuts- what a dice is for example, is worth while for beginners. The other difficulty is the rather large amount of ingredients in most recipes. Kids are just learning how to chop and measure, and this might be rather daunting.

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